



ROVINJ · ISTRIA · 6 DAYS

Rovinj Rowing Experience

May 3–8, 2027

Coached rowing in the protected waters near Rovinj, with Venetian lanes, hilltop truffles, olive groves, and Roman Pula around you.



06

DAYS

05

WATER SESSIONS

01

ISTRIAN PENINSULA

ISTRIA'S COAST, COUNTRYSIDE, AND DEEPEST HISTORY

LIM BAY · 12 KM

Sheltered emerald water

ROVINJ

Venetian jewel on the Adriatic

PULA · 1ST C. AD

Most preserved Roman colosseum

DAY ONE · SETTLE IN · MEET THE TEAM

01 Arrive in Rovinj

A flight-dependent welcome opens a week in Istria. Settle, meet the group, see the rowing base, and let it all start to soak in.

Flight dependent	Airport welcome and transfer to the designated hotel
15:00	Hotel check-in and time to refresh
16:00	Meet in the hotel lobby for Rovinj orientation and camp preview
17:00	Visit the rowing club for orientation and boat set-up
18:30	Welcome dinner at a former wine cellar: Istrian gnocchi with beef ragout, truffle pasta, and roasted local chicken, with Adriatic seafood for those drawn to the coast and a terrace toward St. Euphemia

THE FIRST NIGHT

Rovinj's working harbour, pastel facades, and narrow Venetian-era lanes make an immediate change of scene.

DAY TWO · ROW · OLD TOWN · ADRIATIC

02 Rovinj: Venetian Stone + Sea

Row in sheltered water near Rovinj, then move ashore into an old town that was once an island and still carries its Venetian character in every narrow lane.

Early morning	Breakfast at the hotel
Early morning	Depart for the rowing base
Morning	Coached on-water session
Midday	Lunch at an old-town street-food stop beside the historic fish-market gate: fresh tuna and crispy calamari for seafood fans, with a tailored non-seafood alternative for others
Afternoon	Rovinj old-town walking tour
Evening	Dinner at an Adriatic table on the rocks, with Istrian-Mediterranean plates and sea views

THE FIRST ROW

Freshwater springs meet the sea in Lim Bay. After the water, Rovinj brings stone alleys, a working harbour, and the bell tower of St. Euphemia.

DAY THREE · ROW · HILLTOP · TRUFFLE COUNTRY

03 Motovun: Hills + Truffles

A coached morning is followed by an inland change of scale: Motovun rises above vineyards and forests, with the broad Istrian landscape unfolding below its ramparts.

Early morning	Breakfast at the hotel
Early morning	Depart for the rowing base
Morning	Coached on-water session
Midday	Lunch at a vaulted stone cellar, with truffle fuži, Boškarin, and local Istrian wine, with grilled fish as an optional coastal counterpoint
Afternoon	Motovun and truffle-hunting excursion
Evening	Dinner at a Motovun konoba, with homemade Istrian pasta and truffles beneath the old stone walls

THE LONG VIEW

Motovun is one of Istria's defining hill towns: old stone, long views, truffle country, and a quieter counterpoint to the coast.

DAY FOUR · ROW · OLIVE GROVE · TASTING

04 Istria's Liquid Gold

The water in the morning; Istria's olive country in the afternoon. This is a region where groves, stone, and local tables are part of the same landscape.

Early morning	Breakfast at the hotel
Early morning	Depart for the rowing base
Morning	Coached on-water session
Midday	Lunch at an unfussy Istrian konoba, with local produce and traditional classics before the olive grove
Afternoon	Olive-oil tour and tasting
Evening	Dinner at a traditional Istrian tavern, with lamb, homemade gnocchi, and hearty local dishes

THE OLIVE DAY

Olive oil, wine, and truffles are not side notes in Istria. They are the region's working landscape—and the reason its tables stay with you.

DAY FIVE · ROW · ARENA · ISTRIAN WINE

05 Pula: Roman Stone + Wine

After a row in the morning-Pula: a Roman city whose first-century Arena remains one of the Adriatic's most striking pieces of ancient architecture.

Early morning	Breakfast at the hotel
Early morning	Depart for the rowing base
Morning	Coached on-water session
Midday	Lunch at a hidden side-street pizzeria beside Pula's historic core
Afternoon	Pula visit and Istrian wine tasting
Evening	Dinner at a family-run Pula restaurant, with Istrian truffles, local cheeses, and steak, plus fresh Adriatic fish or black risotto for those craving the coast, paired with local wines

THE ROMAN DAY

Pula's Arena was built in the first century AD. Its stone arc, local wine, and the easy return to Rovinj bring Istria's layers into one afternoon.

DAY SIX · ROW · CHECK OUT · TRANSFER

06 Last Row, Then Home

Close with one last coached outing before an unhurried departure from the peninsula that has been home for the week.

Early morning	Breakfast at the hotel
Early morning	Depart for the rowing base
Morning	Final coached on-water session
Late morning	Hotel check-out
Late morning	Transfer to the airport

A FAREWELL BY WATER

One last turn on the water, then home—with Istria's coast, hill towns, and Roman stone still in view.

ROVINJ ROWING EXPERIENCE · ROVINJ, CROATIA · MAY 3-8, 2027 · 6 DAYS

Your place on the water begins here.

One form per guest, including non-rowing companions. Return it signed to info@rowcroatia.org. Actual itinerary details are subject to change. Final itineraries will be shared on arrival.

	Shared room	Single room	Non-rower
Experience Price (per person, USD)	\$4,990	\$5,490	\$2,990
Protection Waiver (optional)*	8%	8%	8%

INCLUDED

5 nights at the designated hotel, all meals with complimentary glass of wine, beer or soft drinks, at least 5 coached rowing sessions with boats and equipment, video review, excursions, airport transfers to and from Rovinj and all in-country transport. Not included: flights, travel insurance, personal expenses.

01 Your Details

COMPLETE ALL FIELDS

Full name (as on passport)	
Date of birth / nationality	
Email / mobile	
Home address	
Emergency contact (name, relationship, phone)	
I am a	☐ Rower ☐ Non-rower
Room	☐ Shared with: _____ ☐ Single
Paid by (if not you)	

02 Payments

CHOOSE YOUR PAYMENT TIMING

When you sign	You pay	Full refund if you cancel within
121+ days before departure	30% now · 30% at 90 days before · 40% at 30 days before	30 days of signing
61–120 days before	60% now · 40% at 30 days before	7 days of signing
60 days or fewer	100% now	No refund window

Pay by ACH, wire or card (card adds 3%). Paying on time is your responsibility. We don't send reminders. If a payment is missed, we may cancel your booking and keep what you've paid.

03 If You Cancel

EMAIL INFO@ROWCROATIA.ORG

Within your refund window, you get everything back. After it, what you've paid is kept (unless you chose the Waiver below), and you don't owe any payments not yet due.

You can transfer your reservation to another qualified guest up to 30 days before departure (USD 150 change fee). If you cancel and leave your roommate alone, you cover their single-room difference unless we find a replacement.

04 Experience Protection Waiver*

OPTIONAL

YOUR CHOICE

Add it now and, if you cancel for any reason before departure, everything you've paid becomes RowCroatia credit, valid for 24 months. It is not insurance and pays no cash.

- ☐ Yes, add the Waiver (8% of my Experience Price, paid now)
- ☐ No thanks

05 Good to Know

PARTICIPATION ESSENTIALS

Skill. This is open-water rowing. Rowers must handle a boat independently and swim at least 200 yards. It is not for a novice rower.

Health. Tell us before departure about any medical condition, medication, allergy or dietary need that could affect your participation.

Insurance. Not required, but we strongly recommend travel insurance with medical and evacuation cover.

Under 18? A parent or guardian must co-sign, and a named adult (family member or club representative) must accompany you throughout: _____ (name, relationship, phone).

Photos. We may photograph and film and use it in our marketing.

- ☐ Please leave me out. (You then won't receive any experience photos or video, including group shots.)

06 Release and Assumption of Risk

PLEASE READ

ACKNOWLEDGMENT

I understand that rowing carries real risks, including capsizing, cold water, drowning, collision, weather, equipment failure and limited access to medical care, and I choose to accept them. To the fullest extent the law allows, I release and agree not to sue SarahPoljak, LLC dba RowCroatia, its owners, the Sinković brothers, and its coaches, staff and partner clubs for any injury, death or loss arising from my participation, including claims based on their ordinary negligence, but not gross negligence or willful misconduct. I will follow safety instructions and I authorize emergency medical treatment at my own cost. This release binds my heirs and estate.

Initials: _____

07 The Rest

TERMS AND SIGNATURE

By signing, you agree to our [Terms & Conditions](#) in effect on the date you sign, which cover changes and cancellations by us, force majeure, and everything else not repeated here, and our [Privacy Policy](#). If they differ from this form, this form wins. Your agreement is with SarahPoljak, LLC dba RowCroatia™, and may move to RowCroatia's successor company on the same terms, with a notice to you.

California Seller of Travel No. 2151995-50.

	Name	Signature	Date
Guest			
Parent or guardian (under 18)			
Accompanying adult (under 18)			
For RowCroatia			

BEFORE YOU SEND

Please ensure all required fields, selections, initials, and signatures are complete. Return one completed form per guest to info@rowcroatia.org.